



Sausalito Marin City School District  
 Dr. Martin Luther King, Jr Academy  
 Nevada Campus and Phillips Campus



# Breakfast and Lunch Menu - February

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>
<i>Breakfast</i> Bagel with Cream Cheese, fruit, milk	<i>Breakfast</i> Fresh Baked Muffin, fruit, milk	<i>Breakfast</i> Cereal with milk, fruit	<i>Breakfast</i> Smoothie and Breakfast bar	<i>Breakfast</i> Fresh Baked Muffin, fruit, milk
<i>Lunch</i> Pasta marinara, cauliflower, fruit, milk	<i>Lunch</i> Chicken taco platter, beans, rice, fruit, milk	<i>Lunch</i> Salami/cheese sandwich, carrot, fruit, milk	<i>Lunch</i> BBq Chicken Drumstick, rice, cauliflower, fruit	<i>Lunch</i> Meatloaf, mashed potato, fruit, milk
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<i>Breakfast</i> Bagel with Cream Cheese, fruit, milk	<i>Breakfast</i> Fresh Baked Muffin, fruit, milk	<i>Breakfast</i> Cereal with milk, fruit	<i>Breakfast</i> Waffle and Sausage, fruit, milk	<i>Breakfast</i> Fresh Baked Muffin, fruit, milk
<i>Lunch</i> Pizza Bread, cucumber fruit, milk	<i>Lunch</i> Beef Taco Platter, beans, fruit, milk	<i>Lunch</i> Grilled cheese, Tomato Soup, fruit, milk	<i>Lunch</i> Lemon pepper chicken, romanesco, rice, fruit, milk	<i>Lunch</i> Biscuits and gravy, green beans, fruit, milk
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<i>Breakfast</i> Bagel with Cream Cheese, fruit, milk	<i>Breakfast</i> Fresh Baked Muffin, fruit, milk	<i>Breakfast</i> Cereal with milk, fruit	<i>Breakfast</i> Smoothie and Breakfast bar	<i>Breakfast</i> Breakfast Sandwich, fruit, milk
<i>Lunch</i> Pasta marinara, cauliflower, fruit, milk	<i>Lunch</i> Beef nachos, beans, chips, fruit, milk	<i>Lunch</i> Turkey/cheese sandwich, carrot, fruit, milk	<i>Lunch</i> Hot Dog, potato, fruit, milk	<i>Lunch</i> Chicken & Waffles, sweet potato, fruit, milk
<b>27</b>	<b>28</b>			
	<i>Breakfast</i> Yogurt Granola, fruit, milk			
	<i>Lunch</i> Red beans and Rice, chips, fruit, milk			

**Adult Paid Meals**

Breakfast-\$2.00

Lunch-\$5.00