



Sausalito Marin City School District  
 Bayside Martin Luther King, Jr Academy



**Breakfast and Lunch Menu - January**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b>
				<b>New Year's Day Holiday</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<i>Staff Development Day - No School</i>	<i>Breakfast</i> Baked good, fruit <i>Lunch</i> Beef Enchiladas, tortilla, rice, beans, fruit	<i>Breakfast</i> Cereal and milk, fruit <i>Lunch</i> Gilled cheese sandwich, carrot, fruit	<i>Breakfast</i> Breakfast bar, fruit <i>Lunch</i> Beef bolognaise pasta, broccoli, fruit	<i>Breakfast</i> Breakfast sandwich, fruit <i>Lunch</i> BBQ chicken sandwiches, potato wedges, fruit
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<i>Breakfast</i> Bagel and cream cheese, fruit <i>Lunch</i> Mac and cheese, broccoli/cauliflower, fruit	<i>Breakfast</i> Baked good, fruit <i>Lunch</i> Beef nachos, chips, beans, fruit	<i>Breakfast</i> Cereal and milk, fruit <i>Lunch</i> Turkey sandwiches, lettuce/tomato, potato wedges, fruit	<i>Breakfast</i> Breakfast bar, fruit <i>Lunch</i> Chicken tenders, red rice, broccoli, fruit	<i>Breakfast</i> Breakfast sandwich, fruit <i>Lunch</i> Cheeseburger, lettuce/tomato, potato wedges, fruit
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>Martin Luther King, Jr Holiday</b>	<i>Breakfast</i> Baked good, fruit <i>Lunch</i> Beef Taco Platter, rice, pinto beans, fruit	<i>Breakfast</i> Cereal and milk, fruit <i>Lunch</i> Beef bolognaise pasta, broccoli/cauliflower, fruit	<i>Breakfast</i> Breakfast bar, fruit <i>Lunch</i> Grilled cheese sandwich, potato wedges, broccoli, fruit	<i>Breakfast</i> Breakfast sandwich, fruit <i>Lunch</i> Chicken and gravy, cornbread, broccoli, fruit
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<i>Breakfast</i> Bagel and cream cheese, fruit <i>Lunch</i> Pizza bread, broccoli/cauliflower, fruit	<i>Breakfast</i> Baked good, fruit <i>Lunch</i> Chili con carne, rice, beans, fruit	<i>Breakfast</i> Cereal and milk, fruit <i>Lunch</i> Beef Mac and Cheese, broccoli/cauliflower, fruit	<i>Breakfast</i> Breakfast bar, fruit <i>Lunch</i> Lemon pepper chicken, rice, broccoli/cauliflower, fruit	<i>Breakfast</i> Breakfast sandwich, fruit <i>Lunch</i> Hot Dog, potato wedges, fruit

**Adult Paid Meals** Breakfast-\$2.00 Lunch-\$5.00

